

Pre-conference committee:

Hanna Holst, Ph.D. student, Linnaeus University
Hanne Mørkenborg Bové, Ph.D. student, Aarhus University
Clare Gordon, Ph.D. student, Bournemouth University
Ulrica Hörberg, Associate Professor, Linnaeus University

The day before the conference a pre-seminar has been arranged, mainly for Ph.D. students. The pre-seminar will comprise two workshops from Professor Terese Bondas and Professor Kate Galvin, facilitated by PhD students.

We present this pre-seminar as an opportunity to learn from each other while discussing well-being based on an existential theory and how action research from a caring science perspective, creates new knowledge of care and caring.

The pre-seminar will be held on 19th April 13:00 to 17:00 hrs, including a break for coffee/tea.

Workshop 1 – 13:00 to 15:00 hrs

Title: ACTION RESEARCH - from a Caring science perspective

Professor Terese Bondas, PhD, LicHSc, MHSc, RN, PHN
Nord University, Faculty of Nursing and Health Sciences, Norway

Abstract

While most methodological approaches have been created for new knowledge development, action research as a complex and varied approach is characterized also by collaboration and development. The health care organization and the persons involved, participate in circles of action and reflection in collaborative research together with the research(ers). Action research creates new knowledge of care and caring, improves care practices and enhances communion. Action research has the potential to develop and turn abstract concepts into real world caring practices. The take home message of action research, its possibilities and challenges in caring science development in theory and practice, will be presented and discussed.

Biography

Terese Bondas is a Professor of Nursing Science at Nord University, Norway. She has her education from Åbo Akademi University, Finland. She has initiated and leads the qualitative research network - Childbearing in Europe, former Barnafødande i Norden (www.Nord.no/bfin). Terese is a member of the workgroup of the Norwegian Research School in Community Health Care-MUNI HC. Terese conducts research in the areas of childbearing, leadership and caring culture, and development of qualitative methods, especially action research and metasynthesis.

Workshop 2 – 15:00 to 17:00 hrs

Title: Well-being as dwelling - mobility: An existential theory

Professor Kathleen Galvin, University of Brighton, UK

Abstract

In this workshop an opportunity to explore an existential theory of well-being that is guided by phenomenological philosophy will be offered. We will begin with the question: What is well-being as a human experience? This will be followed by an exploration of the absence of well-being and how well-being and suffering are always related. Participants will be able to engage with illustrations from phenomenological philosophical writing, poems, images from art and film as one way to explore a shared sense of well-being and to imagine a range of dimensions including when well-being is absent. Together these ideas can underpin a resource for caring and this will also form part of the discussion.

Biography

Professor Kathleen Galvin is Professor of Nursing Practice at the University of Brighton where her research explores peoples' experiences of a range of health issues and using phenomenologically oriented philosophy is developing theoretical frameworks for caring practices and contributions to the ethics of care. Before joining the College of Life, Health and Physical Sciences at Brighton University she held positions as Professor of Nursing Practice and Associate Dean at the University of Hull, UK and Deputy Dean, Bournemouth University, U.K.